

Kingdom's National Health Service, will join her.

The Smokefree Summits represent the final stage of Massey's "It's my Life" campaign, which asked New Zealanders aged between 12 and 24 to create a poster, video or app that inspires young people to support a smoke-free New Zealand by 2025.

The winners of the nationwide competition will be announced at the summits, which will be festive affairs with bands and other entertainment.

The aim is to convey a serious message in a way that young people will respond to positively, summit project leader Associate Professor

Smokefree: Julia Gardner's poster.

Elspeth Tilley says. "We've invited Katie to be part of the summits because she's a member of the hugely successful youth smokefree group D-MYST in the United Kingdom," Dr Tilley says.

"The aim of this whole project is to reach out to young New Zealanders and encourage them to become part of the global youth smokefree movement.

"Nothing like that exists in New

Zealand and Kiwi youth need to be part of the conversation."

The "It's My Life" project has seed funding to establish regional youth smokefree groups, and Massey staff will mentor them by helping to develop marketing, communication and other business skills, as well as assistance in understanding health-related research.

"At each summit, as well as having a hub of smokefree organis-

mean. If someone smokes you a cigarette, are they actually your friend or your enemy? Where is their action going to take your life? To a good place, or not?

"The media and celebrities can be hugely influential," she says. "The television you always see people smoking – I think it's being introduced into plotlines more and more and it's also been glamorised by celebrities."

D-MYST's SmokeOff campaign has included a street demonstration and petition calling for British shows *EastEnders* and *Coronation Street* to go smokefree or screen after 9pm.

Ms Holland says her smokefree

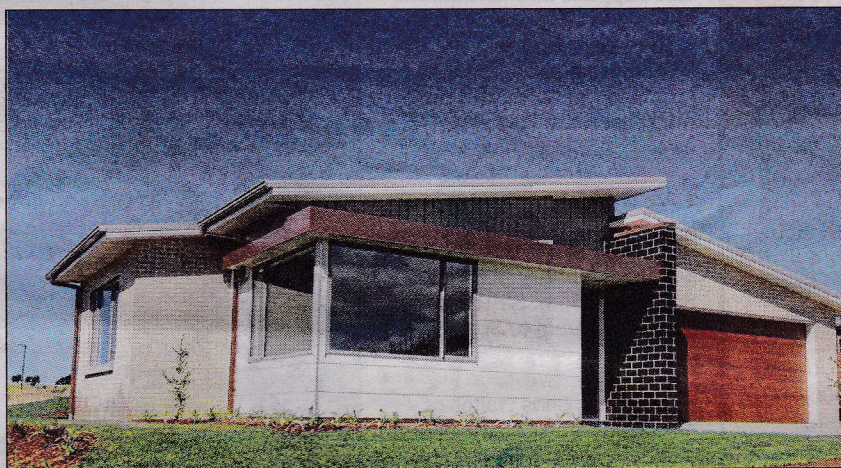
Dinner and good health

The annual tertiary student award presentation and dinner plus a 25th birthday celebration will be held by the Hibiscus Coast Business and Professional Women's Club on April 11.

The event at the Hibiscus Coast Village, 101 Red Beach Rd, features guest speaker Dr Frances Pitsilis who starred on TVOne's "Is Modern Medicine Killing Us?"

Dr Pitsilis is a speaker, motivator and health expert.

Tickets are \$45 each and all past friends and members are invited. Call 09 426 0407 for details and tickets.



Open today: The first of 1000 new homes at Fairway Bay officially opened today.

Fairway's first home open

Today marks a significant milestone for Fairway Bay.

The first of the new homes designed and built by GJ Gardner has been completed and was opened this morning during a commemorative breakfast. GJ Gardner is one of four builders selected for the Gulf Harbour development and theirs is the first of 1000 homes opening at Fairway Bay.

GJ Gardner has built more than 1000 homes in the Rodney district.

"Designed by my husband Ross, this is a more architectural approach for

us, and a project we've taken a personal involvement with," GJ Gardner general manager Elaine Morely says.

It is targeted at around the mid to late \$700,000 range.

"It is very exciting to have our first home completed," Fairway Bay chief executive officer Sean Pan says. "The development is gaining good momentum and we now have 10 houses under way."

The four-bedroom house on a 520 square metre section will be open for viewing from noon till 4pm daily.

CALLING PUBLIC SUBMITTERS

Regulations public consultation

Veterans' Affairs New Zealand (VANZ) is responsible for providing support to veterans.

VANZ invites the public to make submissions on the Regulations outlined in the discussion document "Regulations for the new Veterans' Support Act".

This document has been developed as part of the Veterans' Support Bill which is currently in progress.

Email submissions should be sent to regulations@veteransaffairs.mil.nz and include the "Regulations Submission Form".

Submissions by post are to be sent to:

Regulations Submission
Veteran's Affairs New Zealand
PO Box 5146
WELLINGTON 6145

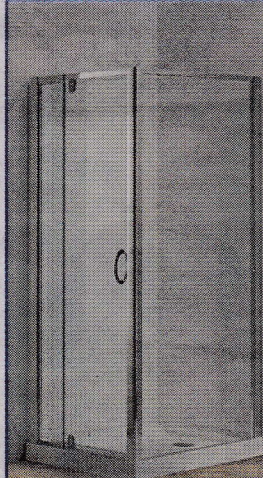
The Minister of Veterans' Affairs will consider all recommendations and proposals received during the consultation period.

For more information about the Regulations go to www.veteransaffairs.mil.nz

All submissions should arrive by 5pm on Sunday 13 April 2014

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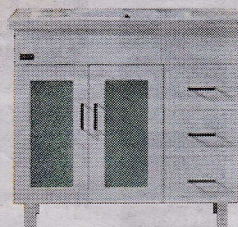


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Square Shower Enclosure, 6mm NZS/AS Toughened Safety Glass, Swinging Door. Incl: Tray & Flat Liner (900 x 900 x 1830mm)

ESPIRA PVESP900

Waterproof PVC vanity
2 Soft-closing Doors
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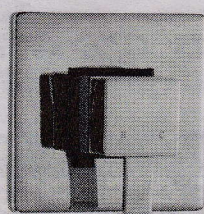
Pop-Up Waste
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BASA

P-Pan: 180mm
S-Pan: 140mm



Easy Clean Waste
Waste for Shower Tray

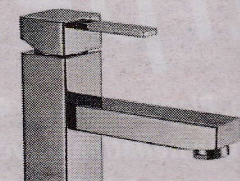


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DEAL OF THE MONTH \$1